



PREMIER

REHAB AND HEALTHCARE



May Mayhem!

- 5/5 Cinco De Mayo
- 5/14 - 5/19

Nursing Home Week!

- Mother's Day
 - Community/
Garden Day
 - Petting Zoo
 - Barnyard Dance
 - Farm Frenzy
 - Country Cookout
- 5/29 Memorial Day



Premier Press

Quarter Recap

Cultivating Kindness in May!

What a wonderful month May was! We kicked it off with our Cinco De Mayo party on May 5th that was "muy emocionante"! It was a day full of fun, music, and margaritas!

When you think of May, what comes to your mind first? Flowers? Maybe. Over at Premier, the first thing that comes to our mind is Nursing Home Week! Every healthcare employee's favorite time of the year. This year, our theme was cultivating kindness. Our goal is to show and promote kindness to everyone and everything around us every day. A little kindness goes a long way!

Nursing home week kicked off on Sunday, May 14th, Mother's Day! A day to celebrate all the great women in our lives. This year at Premier, we celebrated by having a lovely tea social for all our mothers. It was an exceptionally elegant way to start our week.

Monday, May 15th was our Community and Garden Day! We started off the day by stopping by the Nashua Childrens Home for a visit. We collected donations for over a month, such as games, clothes, school items, etc. for all the children to enjoy. They were so thankful! Then in the afternoon, we began planting our community garden. We stocked our planter full of beautiful flowers, tomatoes, peppers, zucchini, and other veggies for our residents to enjoy!

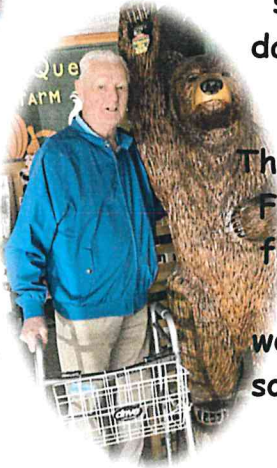
May 2023 – August 2023



Tuesday, May 16th, Enchanted Animal Parties came by in the afternoon so our residents could visit with some furry friends. They brought over bunnys, goats, chickens, lambs, ducks, guinea pigs, and even a miniature cow! You should have seen the smiles on the residents faces. It was such a perfect day!



Wednesday, May 17th, Premier held our very own Barnyard Dance! We had everything from plaid shirts and cowboy hats, to a live dj and square dancing! We all had such a great time dancing the day away!



Thursday, May 18th, we took a trip to McQuesten's Farm in Litchfield! McQuesten's farm had been a family owned and operated farm since 1744! Our residents were able to go shopping for some wonderful homegrown items, and even got to feed some of the animals! It was a great trip and they all cant wait to go back!

We ended our week of fun on Friday, 5/19, with an old fashioned Country Cookout. It was a wonderful and relaxing way to end such an exciting week. The weather was perfect, and the food was even better!

We concluded the month with a Memorial Day celebration on May 29th. Memorial Day is a day to remember all of those we have lost whilst serving our country. Without them, we wouldn't have what we do today. We enjoyed wonderful live music with Jim Blute!



Just Havin' Fun in June!

After everything that took place in May, you'd think we would take a month off, right? Nope! We had just as much fun in June!

On June 12th, we took a trip back to McQuesten's farm. We told you we'd be going back! Our residents had just as much fun as last time, spending time with the animals and shopping for homemade goods!

To help celebrate our wonderful LNA's and all that they do for us, on June 14th we set up a delicious ice cream bar with all the fixings for them to enjoy! How can you say no to ice cream?

June 21st will be a day to remember. After years and years, we finally were able to decide who was the better facility, Premier vs. Courville! Staff went toe to toe in a heated water balloon fight to decide the superior brand. Of course, Premier came out on top! Even our residents got in on the fun.

They made some very creative signs to cheer on Team Premier and crush our opponents' spirits! It wasn't just about water balloons though. Between the two facilities, we raised over \$12,000 to go to the Alzheimer's fund! Thank you to everyone that donated and participated. Together, we can all fight Alzheimer's disease!

The next day on June 22nd, we held a facility Bake Sale! Our staff brought in delicious homemade goods to sell and raise money for a great cause. Half of the money raised went to Brigid's House of Hope and the other went to our resident holiday fund. In total we raised \$468. Thank you all for your contributions!

Jumpin' Around in June!

- 6/12 McQuesten's Farm
- 6/14 LNA Ice Cream Bar
- 6/18 Father's Day
- 6/21 Premier vs. Courville Water Balloon Fight
- 6/22 Premier Bake Sale



Celebrating in July!

July was a month full of fun and celebrations for all! The fun never stops at Premier!

We started the month by celebrating the Fourth of July, on, you guessed it, July 4th! Also known as Independence Day, it's a day to acknowledge our adoption of the Declaration of Independence and celebrate our separation from Great Britain. We celebrate with our favorite piano player, Jim Blute. The only thing we were missing was fireworks!

July 14th was another one for the books at Premier. We held our very first facility wedding ceremony. We celebrated the love of Susan and Matthew, who found love here at Premier. It was a wonderful day of happiness, crying, joy and love. After the ceremony, we held the reception in our main lobby with entertainment provided by the wonderful Tony Martelli! Thank you to everyone who came to celebrate Susan and Matthew's special day!

Who doesn't like going to the beach? On July 13th our residents took a trip to Hampton beach and had an amazing lunch at The Old Salt Restaurant. They had so much fun, we went back again on July 25th!

We finished off the month with a visit from our favorite artist, Denise Thompson, from Express It Art! in Hudson, NH. As always, a big thank you to Denise for coming by and hosting a painting class for our residents to enjoy. They all had a great time, and their paintings came out amazing! They are all great artists!

July Jamborees!

- 7/4 July 4th Celebration
- 7/14 Wedding Ceremony
- 7/13 & 7/25 Beach Trips
- 7/24 Premier Paint



Stay Tuned.....

What's Next in August?!

- 8/9 Hawaiian Luau
- 8/10 & 8/22 Beach Trips
- 8/16 & 8/23 Ice Cream Trips
- 8/29 Walmart Trip

